

# FSNA Quarterly Newsletter

## Nanaimo & Area Branch

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March 2012

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**Ken Jones addresses 200 members at the November 25, 2011 meeting at the Coast Bastion Inn in Nanaimo**

### Next Meeting - Annual General Meeting, Nanaimo

**Date / Time:** Thursday, March 22, 2012 at 11:00 AM, doors open at 10:00 AM

**Location:** The Grand Hotel, 4898 Rutherford Road, Nanaimo, B.C.

**Directions:** The Grand Hotel is about 400 meters east of the Island Hwy. on Rutherford Road, opposite the Nanaimo North Town Centre Shopping Mall. Parking is underneath the hotel.

**Meeting / Lunch:** Doors will open at 10:00 AM. Coffee will be available at 10:00. The Annual General Meeting will commence about 11:00 AM followed by a presentation concluding at about 12:15. A buffet lunch will be served at 12:30. The lunch will be a Roast Beef Buffet, including a vegetarian dish, vegetables and desserts. Cost, including gratuities and tax, will be \$20.00 per person payable at the door on arrival. **Note - We are limited to 150 people for lunch.**

**Guest Speaker: Dennis Jackson**

**Reservations / Cancellations:** Your local FSNA volunteer will phone you to ask whether you plan to attend the lunch. If you confirm your attendance, please be aware of our cancellation policy. The Branch is required to pay for all meals ordered on your behalf; therefore, if you subsequently are unable to attend, you must cancel your reservation to avoid being charged for the meal. **To cancel or add a person, please call SUSANNE BODY at 250-729-9588 after March 12.** The last date for cancellation to avoid billing is **Thursday, March 15.**



**Don't Forget to Wear Your Name Tag!**



**FSNA Nanaimo & Area Branch  
General Meeting - 25 November 2011**



President Rene Marchand called the meeting to order at 11:00 AM. There were 200 members in attendance. New members and those attending for the first time, were asked to stand and give their names. The election of officers will be held at the Annual General Meeting, March 22 .

**Election of Officers**

At the Annual General Meeting (AGM) we have our annual election of Branch Officers. The following list shows all who are running and those positions yet to be filled. Although some of the incumbents have indicated (yes) that they are prepared to stay on, members may apply to fill any of the listed positions. Also, volunteers are urgently required for the vacant positions of phoners.

***List Of Officers To Be Elected March 23 2012***

|                |               |
|----------------|---------------|
| President      | Rene Marchand |
| Vice-President | Bob Willis    |
| Secretary      | Penny Kanigan |
| Treasurer      | Ken Jones     |

**Director Positions**

|                              |                   |
|------------------------------|-------------------|
| Membership Secretary         | Doris Grieves     |
| Newsletter Editor            | Ian Williams      |
| Director Registration        | Susanne Body      |
| Director Historian           | Charles Scrivener |
| Director HBO                 | Leroy Wood        |
| Director at Large (Asst HBO) | Vacant            |
| Telephone Director           | Vacant            |

**Vacant Positions**

|         |                |
|---------|----------------|
| Phoners | Qualicum Beach |
| Phoners | Parksville     |

If anyone is interested in standing for any of the above positions please indicate your intention to Bob Hoogerbrug, Nomination Chair prior to the Meeting.

Name tags - Harold Goodman



\$8.00/each - payment in advance. Harold has a number of name tags with him and asks those expecting one to come see him.

Correspondence: Rene Marchand

Rene reminded the members that the latest Bulletin is on-line.

Pension indexing for 2012 will be 2.8%

Marg Mostowy rose to speak to the issue of excess funds over and above the operating funds required for one year and how these monies were accumulated through good management and sound investments.

This was prompted by a discussion of the legislative Bill C-4: Canada Not-for-profit Corporations Act (LS-624E). There was an interpretation that Not For Profits would not be allowed to hold **more than one year's operating funds.**

Marg suggested to the members that there was a surplus and therefore the executive consider a donation of \$5000.00 to the Nanaimo Hospital Foundation for the purchase of equipment for the Emergency Department at Nanaimo Regional Hospital.

She called for a vote, which was seconded by Pat Mason. A majority indicated in favor, however President Rene stated that Marg was out of order and that her suggestion should have been sent to the Board for discussion prior to the General Meeting. Rene felt that the FSNA funds are to be used specifically for the benefit of the members.

**Unfinished Business**

Financial Review

One member is needed to conduct the annual Financial review of the books. No members volunteered.

**New Business**

Vice-President Position

Rene introduced Bob Willis who has stepped forward to become our new Vice-President.



**The Volunteer Lunch, held Friday, December 09, 2011 at the Cavallotti Lodge was well attended. Volunteers were treated to a turkey dinner in appreciation for their efforts over the past year.**

Convention Ottawa - June 25-28, 2011  
Rene spoke briefly on some the events that took place. The theme was “Volunteers to Leaders”. 85 Branch Presidents were in attendance.

Telephone/Records - Leroy Wood  
Leroy expressed his appreciation to all of the volunteers in the phoning chain, from Vic Ashdown, the Director to the Phone Captains, the phoners and the Registration Director, Susanne Body. Without everyone down the line doing their part the system would break down. There are volunteer sheets on each table - fill it out if you're willing to help out. At the present time we are short 2 phoners, one for Nanaimo and one for Parksville/Qualicum.

Past President



Rene re-introduced Al Heinrich to the members. Al is the past President and has agreed to participate on the Board. Al is also the Provincial Advocacy Officer for BC.

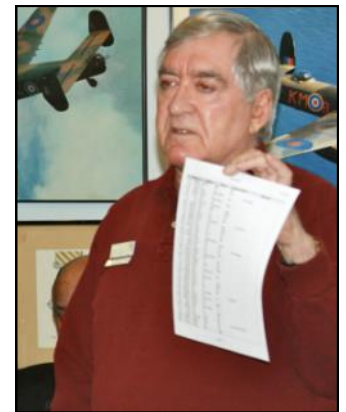
Al Heinrich moved that the meeting be adjourned at 11:40.

Penny Kanigan - Secretary  
Rene Marchand - President.

**Phone Committee Training**

A phone committee training session was held on Wednesday 15 Feb, at the Legion Branch # 257 in Lantzville. President Rene Marchand, spoke about the importance of the Phone Committee as the backbone of our FSNA branch and as the

means by which the Executive Board, stay in touch with the membership. Membership Director Vic Ashdown, conducted most of the training session stressing the need for phoners to gather any info or changes that the members volunteer to tell us and how the data should be entered on their report forms. Registration Director Susanne Body explained her functions within the committee and outlined her requests of the phoners and Captains. A question and answer session followed. Bob Willis, our newly appointed Vice President attended to find out how we function and fit into the branch organization. A buffet lunch was prepared by the Legion Ladies Auxiliary that was enjoyed by all those attending. We had almost 60% of the Phoning committee attend so a very successful event.



**Vic Ashdown**

Leroy V. Wood  
Phone Director

**PS**  
**The Phone Committee is in need of volunteer phoners in Nanaimo, Parksville/Qualicum, and Port Alberni areas.**

**Also the position of Phone Director will be open for nominations or a volunteer at the AGM.**



**Volunteer phoners turned out for the phoner training session at Legion #257**

### **The suggested \$5000 donation to Hospital Foundation.**

There was a discussion of Marg Mostowy's suggestion that FSNA Branch BC05 donate \$5000 from surplus funds at the December Board Meeting. The discussion was continued at the February Board Meeting (January meeting was cancelled due to weather) after some required re-search was done.

After considering that:

1. Our treasurer Ken Jones reported that we presently do not have a surplus of operating funds.
2. The Bill C-4: Canada Not-for-profit Corporations Act (LS-624E) is currently under review by National Office. This is a very complex piece of legislation (I think targeted at **large non profit organizations**). In it's current form it presents huge procedural challenges for FSNA. We are awaiting National's review.
3. The Board believes that our organization is primarily an advocacy group for our members, as such, if we do have surplus funds these should be directed to our defense fund.
4. Ken Jones has clarified that funds in our defense fund can be allocated by our Branch to other areas in the event they are needed. It was previously thought that these monies were locked in once they were designated defense fund.

Bob Hoogerbrug made the following Motion:  
**That the Board has considered the suggestion of Marg Mostowy re: the donation of \$5000.00 for the purchase of Emergency Room equipment at the Nanaimo Hospital Foundation, and has decided against the same.**

The motion was seconded by Ian Williams.  
 Carried Unanimously.

### **Awards and Speakers - Charles Scrivener**

Periodically, we grant a Life-Membership to an individual who has provided many years of service to the Nanaimo Branch. The March 2011 Annual General Meeting voted a Life-membership to Marg Mostowy. Marg had served on the branch executive since 1996 as president, past-president, treasurer or convention delegate.

Guest Speakers are invited to make presentations at most of our Branch General Meetings. We try to get speakers that have new and useful information for us ; thus we are constantly seeking your suggestions for interesting topics and people.

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### **Irish Joke:**

Paddy had been drinking at his local Dublin pub all day and most of the night celebrating St. Patrick's Day.

**Mick, the bartender says, "You'll not be drinking any more tonight, Paddy'..**

**Paddy replies, 'OK Mick, I'll be on my way then.' Paddy spins around on his stool and steps off... He falls flat on his face. 'Dann' he says and pulls himself up by the stool and dusts himself off. He takes a step towards the door and falls flat on his face.**

**Damn, Damn!**

He looks to the doorway and thinks to himself that if he can just get to the door and some fresh air he'll be fine. He belly crawls to the door and shimmies up to the door frame. He sticks his head outside and takes a deep breath of fresh air, feels much better and takes a step out onto the pavement and falls flat on his face.

'Bi'Jesus.....I'm pissed, 'he says

He can see his house just a few doors down, and crawls to the door, hauls himself up the door frame, opens the door and shimmies inside...He takes a look up the stairs and says 'No bloody way'. He crawls up the stairs to his bedroom door and says 'I can make it to the bed.' He takes a step into the room and falls flat on his face. He says 'bugger it' and falls into bed.

The next morning, his wife, Jess, comes into his room carrying a cup of coffee and says, 'Get up Paddy. Did you have a bit to drink last night?

Paddy says, 'I did, Jess. I was bloody pissed. But how'd you know?

Mick phoned.....You left your wheelchair at the pub.

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**Program - New NRGH Emergency Department**  
Dr. Drew Digney, Chief, Emergency and Trauma



Services, gave a presentation about new services and construction of the new Emergency Ward at Nanaimo Regional General Hospital at our November 25<sup>th</sup>

G.M. and Luncheon at The Coast Bastion Hotel in Nanaimo.

NRGH has the busiest Emergency Department on Vancouver Island! Over 53,000 visitors a year now occupy a space designed for only 15,000 visitors. Dr. Digney said that by setting up a separate area for less serious cases in the emergency department they have significantly decreased the waiting times for patients and freed up stretchers for the more serious cases.

Construction has already begun on a major expansion which will more than double the existing space. This \$36.9 million project is mostly funded through the BC government, Regional District of



**Artist rendering of the completed expansion of the Emergency Department**

Nanaimo and the Vancouver Island Health Authority .

**Project Overview**

The new Emergency Department will be home to Emergency Services (trauma and triage) and Mental Health and Addictions Services (PIC and PES). Psychiatric Intensive Care (PIC) is an in-patient service that will be accessed through admissions from community-based or acute care services. Psychiatric Emergency Services (PES) offers out-patient care for those arriving through the trauma doors and experiencing their "first break", reoccurring symptoms, or an addiction issue.

**Project Features**

Will include natural light, private isolation rooms, and an increased number of stretcher bays for patient comfort and care.

| <b>Pension Payment Dates - 2012</b>  |              |
|--|--------------|
| Old Age Security (OAS) and Canada Pension Plan (CPP) payments are automatically depos- |              |
| March 28   | August 29    |
| April 26   | September 26 |
| May 29   | October 29   |
| June 27  | November 28  |
| July 27  | December 20  |

## FSNA Nanaimo and Area Board



**Left to Right: Vic Ashdown, Charles Scrivener, President Rene, Leroy Wood, Ken Jones, Susanne Body, Penny Kanigan, Al Tully, Ian Williams, Al Heinrich and Bob Willis,**

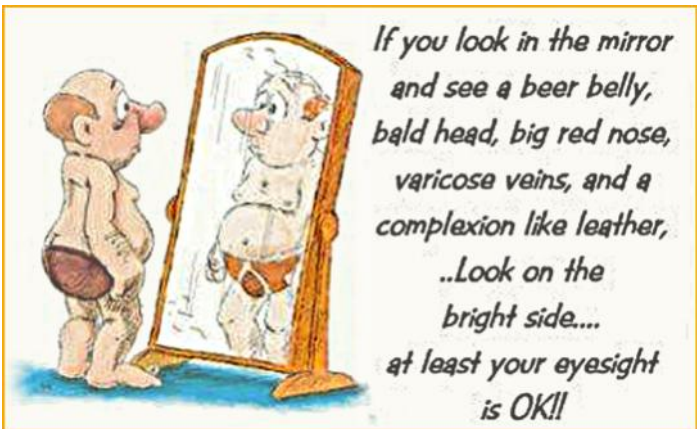
**Financial Report** as of 16 Feb 2012 for FSNA Nanaimo Branch BC05.  
Submitted by Treasurer Ken Jones

| <b>Current Assets</b> |             | <b>Canadian Western Bank Statement 31 Jan 2012</b> |            |
|-----------------------|-------------|--|------------|
| Total Cash            | \$ 10634.63 | Current Balance                                    | \$ 7472.93 |
| Minus Petty Cash      | \$ 100.00   | Add 1 Deposit                                      | \$ 2973.30 |
|                       |             | Add 2 Deposit                                      | \$ 88.40   |
|                       |             | SubTotal   | \$10534.63 |
|                       |             | Minus outstanding cheques                          | \$ 0.00    |
|                       |             |  |            |
| Total Cash            | \$ 10534.63 | Total Cash   | \$10534.63 |

| <b>Actual Cash on Hand</b>        |             |
|-----------------------------------|-------------|
| Total Cash Balance                | \$ 10534.63 |
| Liabilities Per Capita 2012/Minus | \$ 881.88   |
| Liabilities Per Capita 2013/Minus | \$ 7.00     |
| Total Cash on Hand                | \$ 9645.75  |

*Sign in a toilet block in an office building:*  
**Toilet out of order, please use floor below**

Information for Garden enthusiasts  
Rhododendrum Show sale Parksville Curling Club 10-2pm - **FREE Admission**  
Spring Fling Plant Sale Qualicum Beach Community Hall 8:30 – 12:30 - **Free Admission**



## **Membership Report -** *Vic Ashdown, Director*



**Vic with membership secretary Doris Grieves**

As of February 16th, 2012, the Nanaimo and Area Branch had 1940 members comprising 1304 retirees and 636 spouses. Of the 1304 retirees, there are 1122 on DDS and 182 pay at Branch. Since the last Report (October 20th), the following changes have taken place:

### ***New or Reinstated Members (15)***

Leslee & Ray Bouffard  
Patricia Burrett  
Robert Hungar  
David & Jeannette Keating  
Ina McCowan  
Michael & Joyce Rabiza  
Dale Redford  
Peggy Rooney  
Ross & Merle Somers  
Barbara & David Sherstone

### ***Transferred In (6)***

Betty Loucks, from BC12 Kamloops  
George & Jan McDonald, from AB16 Calgary & District  
Ken Roeske, from ON43 Ottawa  
Bon Van Hardenberg, from BC14 Sidney & District  
Susanne Walter, from BC04 Fraser Valley West

### ***Transferred Out (11)***

Tom & Denise Burkett, to AB17 Edmonton  
Cheryl & Gary Boulet, to MB31 Winnipeg & District  
Evert & Dora Hermanson, to AB16 Calgary & District  
Dora Jardine, to AB16 Calgary & District  
Doris Livingstone, to BC07 Central Okanagan  
Ken & Elaine MacKinnon, to ON40 London  
John Osborne, to BC04 Fraser Valley West  
***Membership Cancellations (4)***  
Joyce Meacock  
Walter & Evelyn Scarf  
Robert Thompson

### ***Lost Sheep (0)***

### ***2012 Dues (Non-DDS Paid at Branch)***

For those members paying dues at Branch, invoices for 2012 dues were mailed to you in early November of last year. The due date was December 31<sup>st</sup>, 2011. In late February, email or telephone reminders were sent to those few members who had not yet paid. Members are reminded that memberships still unpaid on March 31<sup>st</sup>, 2012 will be cancelled without further notice.

### ***Vic Ashdown***

## **In Memoriam**

Garry Balfour, survived by wife Valerie  
Michael Bryan  
Stanley Cowen, survived by wife Elinor  
Evelyn Dickson  
Donald Foulger, survived by wife Margie  
Sylvia Illenseen, survived by husband Greg Husband  
Neil Johnson, survived by wife Dorothy  
Earl Lee, survived by wife Shirley

Joyce Mather  
Carey McAllister, survived by wife Rosalie  
George Molloy, survived by wife Debbie  
Tom Pellow, survived by wife Margaret  
James West, survived by wife Joan  
Barbara White, survived by husband Ronald  
Joey Wilkinson, survived by husband Bob  
Robert Williams

## FSNA Nanaimo Executive, Directors & Volunteers 2011

| <b>Class</b>        | <b>Position</b>          | <b>Name</b>       | <b>Phone</b> | <b>Email</b>   |
|---------------------|--------------------------|-------------------|--------------|--|
| <b>Executive</b>    |                          |                   | All 250      |  |
| Exe                 | President                | Rene Marchand     | 753-1657     | <a href="mailto:bendawn@shaw.ca">bendawn@shaw.ca</a>                     |
| Exe                 | Vice-President           | Bob Willis        | 468-0260     | <a href="mailto:willisbob@shaw.ca">willisbob@shaw.ca</a>                 |
| Exe                 | Secretary                | Penny Kanigan     | 760-0929     | <a href="mailto:pennykanigan@hotmail.com">pennykanigan@hotmail.com</a>   |
| Exe                 | Treasurer                | Ken Jones         | 586-5002     | <a href="mailto:casper6@shaw.ca">casper6@shaw.ca</a>                     |
| Exe                 | Past President           | Al Heinrich       | 738-0192     | <a href="mailto:agh@shaw.ca">agh@shaw.ca</a>                             |
| <b>Directors</b>    |                          |                   |              |  |
| Director            | Membership Director      | Vic Ashdown       | 248-2027     | <a href="mailto:ashdown@shaw.ca">ashdown@shaw.ca</a>                     |
| Director            | Membership Secretary     | Doris Grieves     | 716-1952     | <a href="mailto:dgrieves@shaw.ca">dgrieves@shaw.ca</a>                   |
| Director            | Awards/Speakers/Hist.    | Charles Scrivener | 758-2240     | <a href="mailto:scrivener@shaw.ca">scrivener@shaw.ca</a>                 |
| Director            | Newsletter Editor        | Ian Williams      | 758-0954     | <a href="mailto:williv@telus.net">williv@telus.net</a>                   |
| Director            | Program Director         | Al Tully          | 740-0306     | <a href="mailto:altully@shaw.ca">altully@shaw.ca</a>                     |
| Director            | Health & Benefits        | Bob Hoogerbrug    | 751-8735     | <a href="mailto:r-choog@shaw.ca">r-choog@shaw.ca</a>                     |
| Director            | Health & Benefits        |                   |              |  |
| Director            | Telephone Director       | Leroy Wood        | 758-0078     | <a href="mailto:woodsie@shaw.ca">woodsie@shaw.ca</a>                     |
| Director            | Director Registration    | Susanne Body      | 729-9588     | <a href="mailto:sbody@shaw.ca">sbody@shaw.ca</a>                         |
| Dir. At Large       | Special Projects         | Bob Willis        | 468-0260     | <a href="mailto:willisbob@shaw.ca">willisbob@shaw.ca</a>                 |
| <b>Coordinators</b> |                          |                   |              |  |
| Area                | Parksville               | Harold Goodman    | 248-3269     |  |
| Area                | Port Alberni             | Marg Pierce       | 723-9791     |  |
| Area                | Qualicum Beach           | Sherwood Moore    | 752-1048     |  |
| Area                | Tofino/Ucluelet          | Sandy Henry       | 726-7086     | <a href="mailto:macfunnelcover@telus.net">macfunnelcover@telus.net</a>   |
| Cards               | Nanaimo & Area           | June Wiebe        | 756-4873     | <a href="mailto:juneldo@shaw.ca">juneldo@shaw.ca</a>                     |
| Cards               | Parksville/Qualicum      | Michelle Ashdown  | 248-2027     | <a href="mailto:ashdown@shaw.ca">ashdown@shaw.ca</a>                     |
| Cards               | Port Alberni             | Marg Pierce       | 723-9791     |  |
| Nominations         | Committee Chair          | Bob Hoogerbrug    | 751-8735     | <a href="mailto:r-choog@shaw.ca">r-choog@shaw.ca</a>                     |
| Com                 | Special Projects         | Jim Gahr          | 754-0989     | <a href="mailto:heidleberghound@shaw.ca">heidleberghound@shaw.ca</a>     |
| Hospital Visits     | Nanaimo Area             | Florence Milburn  | 248-4466     |  |
| Hospital Visits     | Parksville/Qualicum Area | Harold Goodman    | 248-3269     |  |
| Phone Captain       | Nanaimo                  | Anne Elphick      | 751-2993     | <a href="mailto:aelphick@shaw.ca">aelphick@shaw.ca</a>                   |
| Phone Captain       | Nanaimo                  | Bertha Nixon      | 758-0378     |  |
| Phone Captain       | Nanaimo                  | Liz Barker        | 756-9643     | <a href="mailto:liznpeterbarker@telus.net">liznpeterbarker@telus.net</a> |
| Phone Captain       | Nanaimo                  | Marion Rivers     | 758-9783     | <a href="mailto:merivers33@shaw.ca">merivers33@shaw.ca</a>               |
| Phone Captain       | Parksville/Qualicum      | Barrie Bonfield   | 954-3780     | <a href="mailto:bbonfiel@shaw.ca">bbonfiel@shaw.ca</a>                   |
| Phone Captain       | Parksville/Qualicum      | Michelle Ashdown  | 248-2027     | <a href="mailto:ashdown@shaw.ca">ashdown@shaw.ca</a>                     |
| Phone Captain       | Port Alberni             | Marg Pierce       | 723-9791     |  |