

FSNA Quarterly Newsletter

Nanaimo & Area Branch

PO Box 485, Lantzville, BC V0R 2H0
Email: pennykanigan@hotmail.com

August 2012

Tel: (250) 468-0260

Website: <http://www.fsna-nanaimo.org>



Next Meeting—Parksville

Date / Time: September 20, 2012 at 11:00 AM, doors open at 10:00 AM

Location: Tigh Na Mara Resort, 1155 Resort Drive, Parksville

Directions: Resort Drive is 1.5 km West on W. Island Highway from Exit 46 on Inland Highway 19. Turn right onto Resort Drive. Tigh-Na-Mara Resort is 170 meters off the Highway.

Meeting / Lunch: Doors open at 10:00 AM. A short business meeting starts at 11:00 AM followed by the guest speaker, concluding at about 12:00. Lunch will be served at 12:30 PM. The lunch buffet includes Salads, Beef Stroganoff, Chicken, Rice, Vegetables, Desserts and tea and coffee. Cost, including gratuities and tax, will be \$18.00 per person payable at the door on arrival.

Guest Speaker: Alan Perry is the Vice-Chair for the Capital Regional District Traffic Safety Commission. He will speak about “Safer Driving For Seniors : Older & Wiser”.

Mr. Perry was raised and married in Victoria. He is the host of “Tech Talk” on C-FAX 1070 Radio and “Opinion Panel” on Shaw Cable in Victoria. He is also vice-chair of the Traffic Safety Commission of the Capital Regional District with which he recorded and produced an audio CD about safe driving for seniors.

Reservations / Cancellations: Your local FSNA volunteer will phone you to ask whether you plan to attend the lunch. If you confirm your attendance, please be aware of our cancellation policy. The Branch is required to pay for all meals ordered on your behalf; therefore, if you subsequently are unable to attend, you must cancel your reservation to avoid being charged for the meal. To cancel or add a person, please call **Susanne Body at 250-729-9588**. The last date for cancellation to avoid billing is **Thursday, September 13, 2012**.



Don't Forget to Wear
Your Name Tag!





Rene Marchand has resigned as President of FSNA Branch 05, Nanaimo and Area. He stated that “personal reasons” were responsible for his decision to resign at this time. **Bob Willis** has agreed to be Acting President in the interim.

General Meeting June 21, 2012

President, Rene Marchand, called the meeting to order at 11:00 AM in the dining room of the Bay-side Hotel, Parksville, BC. New members and those attending for the first time were asked to stand. There was one new member in attendance.



Volunteers greet members and register their attendance.

Minutes of the General Meeting held 25 November 2011 at the Coast Bastion, Nanaimo, BC were circulated. As there were no errors or omissions noted, the minutes moved for acceptance by Al Tully, seconded by Vic Ashdown. Carried.

Committee Reports

Finance - Ken Jones



The financial documents as of 20 June 2012 were circulated. Ken pointed out that we are in the black. The GIC held by the Scotia Bank comes due this July and the funds will be moved to the Canadian Western Bank at that time. This GIC is in the amount of \$8,000.00.

Ken moved that his report be adopted as circulated. Seconded by Charles Scrivener. Carried.

Membership - Vic Ashdown

We have lost contact with **David Ayers**, Nanoose Bay - if anyone knows of him, Vic would appreciate the information. Vic is also looking for

someone to assist him in locating lost contacts - any volunteers?

The Executive is looking for a volunteer to fill the Telephone Director position, also more Phoners will be required in the Fall. Volunteer sheets can be found on the tables.

Vic shared a number of one-liners, many were very funny and spot-on.

Membership report moved for acceptance by Vic Ashdown, seconded by Harold Goodman. Carried.

Health & Benefits - Leroy Wood

Leroy has no real news to report other than to remind members that the PSHCP Bulletin is on the web site.

Report moved for acceptance by Gerry Hanson, seconded by Gwen Anders. Carried.



Harold Goodman is looking for **Mary Stubbins**, he has her name tag. Anyone wanting a name tag please see Harold. Name tags are \$4.00 payable in advance.

New Business

Question from the Floor

Why have we not been holding any General Meetings in Port Alberni? In the past we have held one meeting per year in Port Alberni, the last meeting held there was the 17th of September 2009, there were a total of 61 members in attendance, 5 were from Port Alberni. The Port Alberni area has approximately 70 members. The Board felt that if interest in Pt. Alberni increases then we would resume holding a meeting there.

Senior Citizen Texting Code

- ATD** - At the Doctors
- BFF** - Best Friend Fell
- BTW** - Bring the Wheelchair
- BYOT** - Bring Your Own Teeth
- FWIW** - Forgot Where I Was
- GGPBL** - Gotta Go Pacemaker Battery Low
- GHA** - Got Heartburn Again
- IMHO** - Is My Hearing-Aid On
- LMDO** - Laughing My Dentures Out
- OMMR** - On My Massage Recliner
- OMSG** - Oh My! Sorry, Gas
- ROFLACGU** - Rolling on Floor Laughing
And Can't Get Up
- TTYL** - Talk to you Louder

Bill Trimble donated a book he wrote titled



“Tibetan Chan Dancing - A Traveler's Guide” as a door prize. Your editor / photographer carefully recorded the winner's name and put it in a safe place where it resides to this day

(another reason to wear your name tag so the editor can check the photo for your name). Bill is on the right in the photo.

Bob Hoogerbrug moved that the meeting be adjourned at 11:35.

Program - SOS, Parksville, B.C.

Renate Sutherland, Executive Director for the Society of Organized Services (SOS), presented an informative overview of the Society.



Society of Organized Services (SOS) is a Volunteer-based, not-for-profit organization helping people by offering services and

resources not otherwise adequately provided within District 69. SOS is a British Columbia Society and a Federal charitable organization which was founded in 1968.

Their Mission is to work collaboratively with community stakeholders to identify and ensure the provision of a safety net of select, supplementary social services and resources not adequately available in District 69.

SOS reaches out to establish or join partnerships, which address local issues by utilizing the best available skills, and resources. The joining of various and diverse areas of expertise allows for a realization of solutions, which best serve the community.

SOS has co-chaired the Oceanside Task Force on Homelessness, and is also the Regional Coordinator for the Extreme Weather Shelter. In this role SOS is responsible for activating the opening and closing of the local shelter for Oceanside, which is run by the Salvation Army. The shelter remained active until the end of March, as weather dictated. Although not the optimal solution for our local homeless population, it is an important step to-

wards acknowledging and addressing the issue in District 69.

SOS has over 45 partners / community outreach initiatives serving people from infants to the elderly.

These initiatives are funded in part by their SOS Thrift Shop. The SOS has the largest Thrift Shop on Vancouver Island, with over 18,000 sq. feet. It offers a wide variety of clothing, jewellery, accessories, shoes, household items, furniture, appliances, toys and books. Collectable jewellery, art and specialty items are frequently available. The Boutique offers fashion-forward clothing at affordable prices. All of the net revenue generated from Thrift Shop sales goes directly to SOS programs, initiatives and outreach.

Andy Telfer, Coordinator of Volunteer Services for SOS, talked about the volunteers needed to meet their objectives. SOS Volunteers and Community Partners are the essence of SOS.



Andy Telfer

SOS Volunteer time is flexible; it can fit any schedule or lifestyle. You can volunteer for just one hour or several hours every week/month. We offer excellent orientation and training for all our positions.

Annually, over 350 volunteers contribute knowledge and expertise to SOS Programs and the Thrift Shop.

The Thrift Shop averaged 112 volunteers working 5 shifts per month for a total of 1,960 volunteer hours. It has a positive working environment. They want their volunteers to feel appreciated and they also want their customers to have a great shopping experience. With the ongoing great support from people in our community, donated goods continued to show an increase. Last year thousands dropped off donations, and SOS trucks picked up from 1,388 households, and made 413 deliveries to happy customers.

Thrift Shop contact info:
188 West Hirst Avenue,
PO Box 898,
Parksville, BC V9P 2G9
250 248-2532
Open Mon to Sat 9:00-4:00

FSNA Nanaimo and Area Board



Left to Right: Vic Ashdown, Charles Scrivener, Past President Rene Marchand, Leroy Wood, Ken Jones, Susanne Body, Penny Kanigan, Al Tully, Ian Williams, Al Heinrich and Acting President Bob Willis.

Federal Superannuation National Association Balance Sheet As at 22/08/2012 - Ken Jones

| ASSET | | LIABILITY | |
|-------------------------------------|------------------|----------------------------------|------------------|
| CURRENT ASSETS | | CURRENT LIABILITIES | |
| Bk Of Western Canada General Acct | 8,605.10 | Per Capita 2011 | 0.00 |
| PETTY CASH | 100.00 | Per Capita 2013 | 7.00 |
| TOTAL CASH | 8,705.10 | TOTAL PERCAPITA PAYABLE | 7.00 |
| ACCTS REC. DDS NAT OFF 2011 | 2,199.10 | TOTAL CURRENT LIABILITIES | 7.00 |
| TOTAL AC COUNTS RECEIVABLE | 2,199.10 | TOTAL LIABILITY | 7.00 |
| PREPAID POSTAGE | 657.78 | | |
| PREPAID STATIONARY | 102.48 | | |
| TOTAL PREPAID EXPENSES | 760.26 | | |
| GIC37#1228280@2.00 180912 | 2,153.40 | | |
| GIC #57 @ 1.510 matures 18/Jul 2013 | 8,100.00 | EQUITY | |
| GIC50#7571987-50@1.510 17/07/2013 | 2,259.57 | DEFENSE OF BENEFITS RESERVE FUND | 3,875.94 |
| GIC35#1228208@1.75180912 | 1,030.12 | Equipment Reserve Fund | 2,976.70 |
| TOTAL GIC INVESTMENT | 13,543.09 | TOTAL RESERVE FUNDS | 6,852.64 |
| DOBRESGIC#56 | 1,500.00 | RETAINED EARNINGS PREVIOUS YEAR | 25,082.15 |
| DOB Reserve GIC#055 12-M long Term | 3,000.00 | Prior Year Adjustment | 0.00 |
| DOB RESERVE008 #759624 @3.7 110214 | 1,305.23 | TOTAL RETAINED EARNINGS | 25,082.15 |
| Total DOB Reserve | 5,805.23 | Current Earnings | 2,136.92 |
| EquipResGIC36(6)#1228276@1.75180912 | 2,976.70 | RESERVE FUNDS | -89.23 |
| Total Capital Assets Reserve | 2,976.70 | TOTAL EARNINGS | 33,982.48 |
| TOTAL CURRENT ASSETS | 33,989.48 | TOTAL EQUITY | 33,982.48 |
| TOTAL ASSET | 33,989.48 | LIABILITIES AND EQUITY | 33,989.48 |

Membership Report -

Vic Ashdown, Director



As of August 17th, 2012, the Nanaimo and Area Branch had 1918 members comprising 1291 retirees and 627 spouses. Of the 1291 retirees, there are 1122 on DDS and 169 pay at Branch. Since the last Report (May 17th), the

following changes have taken place:

New or Reinstated Members (16)

Margaret Barnes
Robert & Gail Baxter
Price & Lorraine Carson
Bryan Gordon
Gaye-Lynn & Vernon Hattle
Louis Lapi & Gail Hudson
Rosalie McAllister
Gordon & Rhonda Nixon
Don & Peggy Radford
Charlene Schneider

Transferred In (5)

Robin & Elaine Alford, from MB31 Winnipeg & District
Alice Budesheim, from BC14 Sidney & District
Douglas Du Feu, from ON43 Ottawa
E B Jensen, from BC09 Victoria-Fred Whitehouse

Transferred Out (4)

Josh & Helen Finck, to BC09 Victoria-Fred Whitehouse
Joyce Prior, to ON42 Oshawa & District
Ken Roeske, to ON43 Ottawa

Membership Cancellations (2)

Roberta Ballard

Lucia Daley

Lost Sheep (4)

Anne Eggleston, Parksville
Dominick & Mairuth Sarsfield, Parksville
Eileen Watson, Nanaimo

Vic Ashdown

In Memoriam

Steve Baranyai, survived by wife Brigitte
Elizabeth (Clem) Brown
Errolyn Burn, survived by husband John
Allan Eddy, survived by wife Joyce
Eileen Duthie
Paul Faucher, survived by wife Janet
Kathryn Fosbery
Joseph Goriak, survived by wife Verna

Anna Iberg
Jessie McPhee
Ken Mead, survived by wife Linda Kocot
J. Harold Mundie, survived by wife Phyllis
John Snowden
Harry Van Galen
William Vanstone
Ron White

NATIONAL RECRUITMENT CAMPAIGN

2012/2013

Every two years, FSNA runs a national Recruitment Campaign via PWGSC – the 2012 mail-out will occur in late September or early October.

Some current FSNA members (those not on Dues Deduction at Source (DDS), for example) may receive the recruitment package from PWGSC. If you receive such a package, you should ignore it unless you wish to use the application form to apply for DDS.

Vic Ashdown

Pension Payment Dates - 2012

Old Age Security (OAS) and Canada Pension Plan (CPP) payments are automatically deposited

| | |
|----------|--------------|
| March 28 | August 29 |
| April 26 | September 26 |
| May 29 | October 29 |
| June 27 | November 28 |
| July 27 | December 20 |

FSNA Nanaimo Executive, Directors & Volunteers 2011

| Class | Position | Name | Phone | Email |
|---------------------|--------------------------|-------------------|--------------|--|
| Executive | | | All 250 | |
| Exe | President (Acting) | Bob Willis | 468-0260 | willisbob@shaw.ca |
| Exe | Vice-President | | | |
| Exe | Secretary | Penny Kanigan | 760-0929 | pennykanigan@hotmail.com |
| Exe | Treasurer | Ken Jones | 586-5002 | casper6@shaw.ca |
| Exe | Past President | Rene Marchand | 753-1657 | bendawn@shaw.ca |
| Directors | | | | |
| Director | Membership Director | Vic Ashdown | 248-2027 | ashdown@shaw.ca |
| Director | Membership Secretary | Doris Grieves | 716-1952 | dgrieves@shaw.ca |
| Director | Awards/Speakers/Hist. | Charles Scrivener | 758-2240 | scrivener@shaw.ca |
| Director | Newsletter Editor | Ian Williams | 758-0954 | williv@telus.net |
| Director | Program Director | Al Tully | 740-0306 | altully@shaw.ca |
| Director | Health & Benefits | Leroy Wood | 758-0078 | woodsie@shaw.ca |
| Director | Health & Benefits | | | |
| Director | Telephone Director | | | |
| Director | Director Registration | Susanne Body | 729-9588 | sbody@shaw.ca |
| Dir. At Large | Special Projects | | | |
| Coordinators | | | | |
| Area | Parksville | Harold Goodman | 248-3269 | |
| Area | Port Alberni | Marg Pierce | 723-9791 | |
| Area | Qualicum Beach | Sherwood Moore | 752-1048 | |
| Area | Tofino/Ucluelet | Sandy Henry | 726-7086 | macfunnelcover@telus.net |
| Cards | Nanaimo & Area | June Wiebe | 756-4873 | juneldo@shaw.ca |
| Cards | Parksville/Qualicum | Michelle Ashdown | 248-2027 | ashdown@shaw.ca |
| Cards | Port Alberni | Marg Pierce | 723-9791 | |
| Nominations | Committee Chair | Bob Hoogerbrug | 751-8735 | r-choog@shaw.ca |
| Com | Special Projects | Jim Gahr | 754-0989 | heidleberghound@shaw.ca |
| Hospital Visits | Nanaimo Area | Florence Milburn | 248-4466 | |
| Hospital Visits | Parksville/Qualicum Area | Harold Goodman | 248-3269 | |
| Phone Captain | Nanaimo | Anne Elphick | 751-2993 | aelphick@shaw.ca |
| Phone Captain | Nanaimo | Bertha Nixon | 758-0378 | |
| Phone Captain | Nanaimo | Liz Barker | 756-9643 | liznpeterbarker@telus.net |
| Phone Captain | Nanaimo | Marion Rivers | 758-9783 | merivers33@shaw.ca |
| Phone Captain | Parksville/Qualicum | Barrie Bonfield | 954-3780 | bbonfiel@shaw.ca |
| Phone Captain | Parksville/Qualicum | Michelle Ashdown | 248-2027 | ashdown@shaw.ca |
| Phone Captain | Port Alberni | Marg Pierce | 723-9791 | |